

Bike Club is an after-school club for girls and boys - mostly 5th graders - that meets once weekly, at the end of the school day. There are about 20 students in each club. Volunteer adults teach bike safety and ride with students, including bicycle trips to a variety of destinations that the group can explore – the area high school or middle school, a library or park, a restaurant or snack shop, or just a long ride. The benefits to the kids are many. Bike Club encourages ABCs (Attendance, Behavior and Coursework), teaches a valuable life skill – safely and confidently operating a bicycle, encourages a positive lifestyle, develops teamwork and cooperation during group rides, and builds invaluable relationships with adults – and they have fun doing it! Students who complete Bike Club receive a bike and helmet at the end of the school year.



Bike Club Mission

Develop confident cyclists and great Tulsans through community engagement.

Timeline:

- 2014: Emerson
- 2015: Cooper, Jackson, Lee, Remington (now Clinton West), Robertson
- 2016: Eugene Field, Kendall-Whittier, Sequoyah / Hale HS Rolling Rangers Bike Team
- 2017: Gilcrease, MacArthur, Penn, Salk / Webster MS / also schools in Broken Arrow and Pryor
- 2018: Carver MS, Hale MS, Monroe MS and Rogers MS / also schools in Sand Springs, Tahlequah and OKC
- 2019: Kerr, Skelly, Wright, Zarrow and Edison MS
- 2021: Anderson, Disney and Hoover

The Bike Club program at Tulsa Public Schools is administered by the physical education department and Humble Sons Bike Company.

Requirements of School:

- Provide sponsors; Sign faculty agreement
- Select students
- One adult for each four students
- Store bikes and equipment
- Insure all student permissions and waivers are signed and returned; volunteer background checks have been completed
- Will send faculty and volunteer leaders to Bike Club training before the school year

Each Bike Club Receives:

- Bicycles, Helmets and Safety Vests
- Volunteer Guide
- Bike Club kit with manuals, tools, pump, tubes, drill supplies
- Laminated map of school area
- Training workshops and volunteer networking

Typical Bike Club Session:

- Immediately after school (approx. 1.5-2 hrs.)
- Students gather – classroom, gym, cafeteria
- Warm Welcome, snacks, prepare for the session's activity
- Circuit Partner activity (if scheduled)
- Get bikes and helmets, conduct ABC checks
- Drills and ride on campus / ride to selected designation (Fire Stations, Parks, Businesses)
- Return bikes to storage
- Close session and dismiss kids

Circuit Partners:

- Tulsa Police Department Bike Squad
- BMX team demonstrations
- The Met (Metropolitan Environmental Trust)
- Tulsa Health Department Nutrition Educators
- Youth Services—Safe Place

www.BikeClubTulsa.com